



Medicine for the Earth

We live on an amazingly beautiful Planet, Gaia. We are co-inhabitants on this Earth and part of the Web of Life: Earth, Nature, Rocks, Water, Air, Birds, Four-legged, Tree Wing-ones and Swimming Ones, (You + Me).

Pollution is jeopardizing all Beings, including the Earth itself. Pollution is caused by environmental mishandling and emotional toxicity (i.e., anger and rage). All toxicity affects the quality and health of all living beings.

The time is now to learn to reverse this toxic build up, starting with ourselves first. We will explore how to work with toxic thoughts, from a shamanic perspective, and how to release and transform them.

This class is based on the course and book, *Medicine for the Earth*, by Sandra Ingerman.

You will learn:

- To be in partnership with the Web of Life, Your Helping Spirits, and the Elements – Earth, Air, Fire, Water
- How to clear your toxic pollution
- How these techniques can heal the Planet
- The shamanic perspective on illness and health
- Learn about Transmutation and Transfiguration
- Experience ceremonies and sacred creative expression.

This course is designed to deepen connection with the rhythms and teachings of Earth and Her Nature. Our own piece of Earth – body, mind, heart, soul – is connected to the whole of Nature. Many tend to think of Nature as separate, out there. We *are* Nature.

Through profound practices and ceremonies, we'll enhance our awareness, fine-tune our senses and intuition, and learn to transmute toxic thoughts that are affecting our own natural and environmental health and well-being.

Shamanic journey experience is helpful, but not required.

March 2 + 3, 2024

12-7

\$250 (Early registration recommended)

Taught by: Damini Celebre

Assisted by: Warren Frankenberger

More information go to HeartSpace, Media PA